# MUSIC MOBILE'S ARTS-IN-EDUCATION PROGRAMS

## ASSEMBLIES & CONCERTS

# of Students Per Session	Up to 200 are preferred but groups of all sizes are possible
Grade Levels	Pre K – 6; adaptable to grades 7 – 12
	depending on the program
Length of Time	45 – 60 Minutes
Examples of Content	Character Education, Reading &
	Literacy, Health & Wellness, Local &
	World Communities, Curriculum-
	based themes

## **"UNDER ONE SKY"**

#### **GRADES PRE-K-8**

Singing, hand-clapping, toe-tapping and sign language are all part of this upbeat and inspirational concert that takes students on a journey to celebrate the Earth and the rich diversity of our global family. At the heart of this program is Ruth Pelham's longtime experience as a peace advocate and community song leader, as well as her participation in national and international "peace through music" projects. This program features Ruth singing her original songs that teach students how to make a positive difference in the world, and be actively engaged in caring for our living Earth. Singing out about respect, compassion, understanding and cooperation, the "Under One Sky" program weaves character education, environmental awareness and social responsibility into a tapestry rich in hope and possibility.

## "ROOM FOR US ALL"

#### GRADES K - 6

In these complex times when including each student in a loving circle of belonging is crucial to assuring the safety and well-being of our schools, this song-filled concert affirms that each of us can be kind and caring human beings at home, in school, and in our local and global communities. Based on Ruth Pelham's original songs such as "Love is All Around," "Each of Us Is Kind," "The Meanies" and "Under One Sky," students sing along about peace, friendship, compassion, kindness, inclusion, patience, and other character education themes. The "room for us all" theme embraces the heart of tolerance by teaching the value of diversity as a way of us benefiting from the richness of the human web of life.

## "CHILDREN AS PEACEMAKERS"

#### GRADES K - 8

Central to this program is the idea that peacemaking can be accomplished in the home, school, neighborhood, community and world, and that lasting change is made possible through the everyday actions of ordinary people who live their lives with hope, conviction, compassion, and conscience. The songs performed in this concert reflect the spirit of peace and justice in the world, and highlight examples of children who have acted courageously as peacemakers in local or global settings. In addition to singing and leading students in song, Ruth shares her personal experiences and insights as an advocate for peace and justice at home and abroad.

## "A MUSICAL TESTIMONY TO JUSTICE"

#### GRADES 2 - 8

Since the 1980's, Ruth Pelham has worked with the Havasupai tribe who live in a small village nestled at the bottom of the Grand Canyon in Arizona. This powerful presentation integrates social studies, language arts, environmental awareness, peace education, and music, and features Ruth teaching students about the Tribe's history and culture. Highlights of this program are the presentation of traditional and contemporary Havasupai songs plus a slide show depicting Havasupai life and customs as the Tribe struggles to survive the influences of modern technology and cultural domination. Central to the assembly is the song, "No Uranium Mining" which Ruth composed with 8th grade Havasupai students to help stop a uranium mine that currently is threatening their land and culture.

## "NO, NO, NOT ME!" A TOBACCO PREVENTION ASSEMBLY

#### GRADES K - 8

While teaching lessons about peer pressure, self-esteem, the power of advertising, second-hand smoke, addiction, and health, Ruth sings songs to inspire students to not smoke and tells her personal story about making the bad choice to smoke and what steps she took to stop. Students join in singing Ruth's original songs including "No, No, Not Me," "A New Generation Alive," and "The No Smoking Round" as they celebrate a world where health is valued over profits, and friendships are based on respect and concern rather than on peer pressure and negative influences. This presentation can be presented as an assembly, or be adapted as part of a "Tobacco Free" Day event.

## WORKSHOPS

# of Students Per Session	Generally 1 class per workshop but up to 4 are possible depending on the program
Grade Levels	Pre K – 6; adaptable to grades 7 – 12 depending on the program
Length of Time	50 – 60 Minutes
Examples of Content	Songwriting, Meet the Artist, Instrument Building, Conflict Resolution

## "CHILDREN AS PEACEMAKERS"

#### GRADES K - 8

These inspiring, empowering workshops focus on teaching students peacemaking skills and concepts such as cooperation, negotiation, creative problem-solving, appreciation of differences and conflict resolution. While singing participatory songs, doing simple songwriting activities, and engaging in cooperative activities and games such as brainstorming, role playing and the "fish bowl" technique, students learn meaningful and fun-filled ways of building peaceful classrooms and developing caring school communities. Songs include "Under One Sky," "P-E-A-C-E," "Turning of the World," "One Us," "Love Is All Around," and many others that Ruth composed to teach peacemaking skills.

## "LET'S WRITE A SONG"

## GRADES K - 8

Using a songwriting process that encourages all voices to be heard, Ruth Pelham teaches students about the power of language, the craft of writing, and the basic elements of music - melody, rhythm and lyrics. Students learn about writing concepts such as narration, sequencing, intention, context, and fluidity, and also gain social skills in communication and group dynamics. Acclaimed by folksinger Pete Seeger as "one of America's greatest songwriters," Ruth uses her longtime expertise as a songwriter and educator to inspire students to write songs that draw upon their life experiences and express their hopes, dreams, and concerns about their world. Composed by one or several classes or by the entire school, the completed songs can be sung at Morning Programs, school assemblies, or special events, and can help boost school spirit and self-esteem. This workshop integrates language arts, music and character education with social studies, science, and other core curriculum areas.

## "MUSICRAFT" SINGING & INSTRUMENT-BUILDING WORKSHOPS

#### GRADES K - 4

Teaching children to work cooperatively, to help each other accomplish tasks, to share ideas and materials, and to appreciate each other's creations are all part of this fun-filled character education through music workshop. Working in large and small groups, children build simple musical instruments made from recycled bottle caps, wood bits, cardboard boxes or paint sticks, and also sing songs about friendship, kindness and getting along. These lessons further students understanding about recycling and reusing, and about caring for the Earth and our global family. A highlight of the workshop is when each child plays his or her instrument during the "Instrument Band Song" which is enthusiastically sung at the conclusion of the workshop. All materials are prepared and supplied by Music Mobile.

## **"MEET THE ARTIST"**

#### GRADES K - 12

When students want to know if being an artist is a "real" way to earn a living, or what it feels like to perform in front of hundreds of people, or what singing songs has to do with making a difference in the world, Ruth Pelham's responses always serve as an inspiration for children. During this song-filled workshop, Ruth draws from her work as a songwriter, performer, recording artist, public speaker, educator, community organizer, and arts manager, and conveys the message that the job of being an artist requires being good at ones art form as well as in all of the skills that we learn in school - writing, reading, math, communicating, negotiating, problem-solving, and many more. Depending on the particular need of each school, this workshop can be geared to topics such as career development, the arts, writing skills, music and performance, making life choices, and others.

## RESIDENCIES

# of Students Per Session	Number varies depending on how many classes and grade levels participate
Grade Levels	Pre K – 6; adaptable to grades 7 – 12 depending on the program
Length of Time	Mini residency = 1-2 days, full residency = 3 or more days
Examples of Content	Themes are determined by the school and program can include assemblies, workshops, Family Nights, and/or special events

## "ROOM FOR US ALL" - CELEBRATING PEACE & COMPASSION THROUGH CREATIVE ARTS

**G**RADES K - 6

This unique residency enlivens the entire school community and enriches its character education programs by engaging children in an exploration of how to be kind and caring human beings. Depending on the length of the residency, program activities can include singing, songwriting, building peace tambourines or friendship drums, creating peace murals or unity sculptures, and participating in service learning projects. Schools are given a free copy of Ruth Pelham's "Room For Us All" CD and book, which include her original songs such as "Under One Sky," "Love is All Around," "The Meanies" and "Each of Us Is Kind." Schools are encouraged to purchase multiple copies at a discounted price for each grade level or classroom so the children can learn Ruth's songs in advance and be able to sing them with her at the gala concert that concludes the residency. A minimum of two days are preferred for this program and a week or more is suggested.

## **"LET'S WRITE A SONG"**

## GRADES K - 6

The "Let's Write A Song" residency shares the same purpose as its workshop counterpart but provides more depth and participation because students spend more time with Ruth over period of days or weeks rather than in a one hour session. Using a songwriting process that encourages all voices to be heard, Ruth Pelham teaches students about the power of language, the craft of writing, and the basic elements of music - melody, rhythm and lyrics. Students learn about writing concepts such as narration, sequencing, intention, context, and fluidity, and also gain social skills in communication and group dynamics. Song topics are either provided by the staff to reinforce one or several curriculum units or school-wide themes, are chosen by the students through an animated brainstorming session, or are generated through a combination of both. Composed by one or several classes or by the entire school, the completed songs can be sung at morning program, school assemblies, or special events, and can help boost school spirit and self-esteem while building academic and social skills. This workshop integrates language arts, music and character education with social studies, science and other core curriculum areas.

## "MUSICRAFT" SINGING & INSTRUMENT-BUILDING WORKSHOPS

## GRADES K - 4

Teaching children to work cooperatively, to help each other accomplish tasks, to share ideas and materials, and to appreciate each other's creations are all part of this fun-filled character education through music residency. Working in large and small groups, children build simple musical instruments made from recycled bottle caps, wood bits, cardboard boxes or paint sticks, and also sing songs about friendship, kindness and getting along. These lessons further students understanding about recycling and reusing, and about caring for the Earth and our global family. A highlight of the workshop is when each child plays his or her instrument during the "Instrument Band Song" which is enthusiastically sung at the conclusion of the residency. All materials are prepared and supplied by Music Mobile. *Grades* K - 4

#### **"MEET THE ARTIST"**

#### GRADES K - 12

When students want to know if being an artist is a "real" way to earn a living, or what it feels like to perform in front of hundreds of people, or what singing songs has to do with making a difference in the world, Ruth Pelham's responses always serve as an inspiration for children. During this song-filled residency, Ruth draws from her work as a songwriter, performer, recording artist, public speaker, educator, community organizer, and arts manager, and conveys the message that the job of being an artist requires being good at ones art form as well as in all of the skills that we learn in school - writing, reading, math, communicating, negotiating, problem-solving, and many more. Depending on the particular need of each school, this song-filled residency can be geared to topics such as career development, the arts, writing skills, music and performance, making life choices, and others. *Grades K* - *12* 

## FAMILY AND INTERGENERATIONAL PROGRAMS

# of Students Per Session	Program is adapted to serve as many or as few people as the school prefers
Grade Levels	Pre K – 6 including families and community guests
Length of Time	1 – 3 hours or more depending on the program. Short sessions are available if preferred
Examples of Content	Family Night, Grandparents Day, Family Concert, Mural Making, Songwriting, Instrument Building

## "FAMILY NIGHT" - A COMMUNITY-BUILDING EVENT FOR THE ENTIRE FAMILY

Spending a festive evening singing songs, building and playing musical instruments from recycled materials, and sharing a nourishing meal with friends and neighbors is a sure way to raise school spirit and strengthen community bonds. At the center of a Family Night event is Ruth Pelham's unique blend of exuberance, warmth, and wit that generates an atmosphere of friendship and belonging within a social and educational context. When mixed with her upbeat and empowering songs, what results is a circle of community in which everyone is valued and welcome, and all participants are involved in age appropriate ways. A Family Night event can involve one class, one or several grade levels, or the whole school, and can be geared to a particular theme or occasion. Family Night events are available during all seasons but are especially suggested during the winter months or at the beginning or end of the school year.

## **"GRANDPARENTS DAY CELEBRATION"**

During this joyful assembly or workshop, students and their grandparents join together to sing and celebrate their place in the loving circle of human relationships. Centered around Ruth Pelham's acclaimed songs about peace, compassion, kindness, and social responsibility, this fun-filled musical experience deepens bonds among the generations and builds a spirit of love and appreciation. In addition to Ruth singing solo, this program can include students performing with Ruth as well as students and grandparents drawing pictures, creating sculptures, or making murals based on program themes. Materials are prepared and supplied for this program.

## "VOICE TO VOICE, HAND TO HAND" A GRANDPARENTS' DAY CELEBRATION

Joyful songs of love, laughter, and learning echo as grandchildren and grandparents celebrate the circle of human relationships -- family, friends, neighbors, and even strangers. Centered around Ruth's "Room For Us All," CD about peace, compassion, and social responsibility, and intergenerational themes, this fun-filled cultural experience deepens bonds among the generations, and builds a spirit of kindness, respect, and compassion. This program can be coupled with workshops where students and grandparents draw pictures, create sculptures, make murals, or plant flowers to build on program themes and goals. Most materials are prepared and supplied for this program.

## **"FOUR HANDS WORKING AT THE TABLE"**

Imagine children sitting side by side with old people as they draw pictures, create sculptures, make murals, plant flowers, and sing songs that the children composed or learned with Ruth Pelham. While engaged in shared activities with elders, students learn about empathy, patience, sensitivity and love. They also learn skills in communication, song writing, and performance as they sing Ruth's intergenerational songs such as "Four Hands," "Happy Birthday Mrs. Miller," and "The Activity Room." Structured to take place in the school or at a senior center, nursing home or assisted living facility, this program can involve one or more classes from one or more grade levels, and can take place during one day, one week, or one or several months.

## **THEME DAYS**

# of Students Per Session	Number varies depending on how many classes and grade levels participate
Grade Levels	Pre K – 6 including families and community guests depending on the program
Length of Time	1 hour – 1 full day or less depending on the program
Examples of Content	Earth Day, Parents as Reading Partners, Grandparents' Day, Black History Month, Women's History Month

## **"THEME DAY ACTIVITIES"**

#### GRADES K - 8

Ruth will design special concerts, workshops and residencies for your school's needs. A combination of kinds of programs can be geared to one or more grades focusing on Earth Day, Women's History Month, Black History Month, Parents As Reading Partners, Safe Schools, School Spirit, Holidays, Health and Wellness, and many more. A gala culminating event can involve students only or bring together the entire school community to celebrate the creative efforts of the children. At the heart of all programs are Ruth's original songs of hope and possibility, and her unique perspective as a peace advocate, educator, musician, and community builder.

## **KEYNOTE ADDRESSES & PRESENTATIONS**

# of Students Per Session	Up to 200 are preferred but groups of all sizes are possible
Grade Levels	Grades 6 - 12
Length of Time	15 – 45 Minutes, more or less depending on the program
Examples of Content	Making Good Choices, Life Transitions, Motivation, Character Education, Social Responsibility

Ruth Pelham's keynote addresses and presentations are filled with the passion, insight, inspiration, and humor that have been the foundation of her thirty five years of working as an educator, performer, and community builder. In that time, she has acquired the experience, credibility, and breath of knowledge that positions her as a role model for students who are seeking meaning and direction in their lives. Whether focusing on topics such as personal growth and empowerment, making positive choices, standing up for oneself and others, choosing a career and living ones dream, or finding hope and meaning in these troubled times, Ruth gears all presentations according to in-depth discussions with each school regarding their particular needs and goals. Songs and vignettes drawn from Ruth's local and global experiences are integral aspects of all programs.

## **SPECIAL EVENTS**

# of Students Per Session	Number varies depending on how many classes and grade levels participate
Grade Levels	All grade levels
Length of Time	Depends on the program
Examples of Content	Graduations, School Picnics, Parties, Socials, Celebrations, Recognitions, Parents and Teacher Nights, Open Houses

As she has done for decades, Ruth will use her expertise and experience to shape her songs and activities to fit the goals and structure of your special grade level events, school-wide occasions, or community-building events.

Whether it's a kindergarten graduation, a volunteer recognition dinner, a parent-teacher night, an end-ofyear picnic, or a fund-raising gala, Ruth's participation will help strengthen community bonds, generate an atmosphere of warmth and belonging, and articulate through songs the special spirit and meaning of the occasion. Please note that upon request, Ruth will compose a theme song for your event that students can learn and perform as part of the occasion.

## SERVICE LEARNING

# of Students Per Session	One or more grade levels
Grade Levels	All grade levels
Length of Time	Depends on the program
Examples of Content	Projects with Elders, Food Drives,
	Neighborhood Cleanups, Bottle
	Drives, Disaster Relief Projects

Collaborating with schools and organizations to increase opportunities for students to be positive and responsible members of their local and global communities is a cornerstone of Music Mobile's program offerings. Service Learning initiatives deepen student's understanding of core character education themes that they learn about during Ruth Pelham's in-school concerts, workshops, and residencies, and provide an experience-based understanding of how music and the arts can be used as a force for good in the world. Some examples of Service Learning projects are incorporating songwriting and performing into visiting elders at senior centers and nursing homes, hosting food drives, organizing neighborhood cleanups, sponsoring bottle drives, and leading disaster relief efforts.